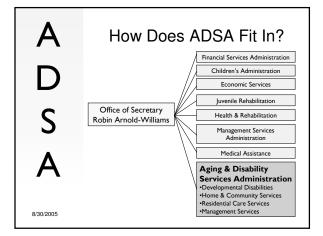
Nurse Delegation Orientation		
WASHINGTON STATE	_	
	.	
	_	
8/30/2005 1] _	
Nurse Delegation		
Program Managers		
Doris Barret, RN Anne Vander Beek 360/725-2553 360/725-2558	_	
<u>barreda@dshs.wa.gov</u> vandea@dshs.wa.gov		
Kay Kramer Sievers, RN	_	
360/651-6828 <u>Kramek@dshs.wa.gov</u>	.	
8/30/2005 2] _	

- Is outlined in WA State law and rule
- DSHS pays some nurses/agencies to provide ND to DSHS clients
- That program is managed by DSHS Program Managers

- Where is the ND Program "housed" in DSHS?
- In Aging and Disability Services Administration (ADSA)

8/30/2005

4



The Nurse Delegation Program—Resources

- Nurse Delegation Program Law RCW 18.79A.260(3)(e)
- Nurse Delegation Program Regulation
 WAC 246-840-910 to 970
- Medication Assistance WAC 246-888
- Self Directed Care WAC 388-71-0580

Nurse Delegation in the Nurse **Practice Act**

- -General delegation all nurses learn in nursing school
- Nurse Delegation Program a specific set of circumstances delineated in WA nurse practice act WAC 246-840-910 to 970

8/30/2005

Nurse Delegation Orientation— Acronyms

- -NA = Nursing Assistant
- NA-R or RNA = Nursing Assistant-registered
- NA-C or CNA = Nursing Assistant-certified
- RND = Registered Nurse Delegator

8/30/2005

Nurse Delegation Orientation--History of Program

THEN....

- -First law/rules in 1996 (included task list)
- -Expanded to all boarding homes in 2000 (task list eliminated)
- -Added in-home settings in 2003
- -ND program in HCS/DDD combined in 2004

٠.5
v

Nurse Delegation Orientation	
NOW	
Nurse Delegation Serves About 1500-	
2000 clients/year	
At a cost of about \$300-500 client/year	
8/30/2005	10
The Nurse Delegation Progran	n
The ND Dresware Described	
The ND Program Described RN assesses a client	
RN evaluates and teaches a Nursing	
Asst	
NA performs a nursing task RN provides ongoing supervision and	
evaluation of task and client	
8/30/2005	11
The Nurse Delegation Progran	n
Critical Elements NA sould not perform took outside of ND.	
 NA could not perform task outside of ND process 	
Client must be stableRN must be notified of every change in	
client condition or treatment	
 All parties must be willing 	
8/30/2005	12

Nurse Delegation Program defined

- · Licensed registered nurse
- Transfers the performance
- · Selected nursing tasks
- · Competent individuals
- Selected situations WAC 246-840-920

8/30/2005

13

Nurse Delegation Program

- Who
- What
- Where
- When
- How





Nurse Delegation Program

WHO

- 1. A Registered Nurse delegates to
- 2. A Nursing Assistant, registered or certified for
- 3. A specific client considered stable and predictable

Any Registered Nurse may delegate

- WA license required
- In good standing without restriction

8/30/2005

16

Nurse Delegation Program

Nursing Assistant—Registered (NA-R)

- Currently registered (verified via DOH website)
- In good standing without restriction (DOH website)
- Has completed ND training (ND for NA)-certificate
- Has completed a basic care giving course (usually Fundamentals of Care giving, but Modified FOC, DD basic training OK)-certificate or verify

WAC 246-841-405(2)(a)

8/30/2005

17

Nurse Delegation Program

2. Nursing Assistant—Certified (NA-C or CNA)

- Currently certified (has taken a course and passed a test to become "certified")
- In good standing without restriction
- Has completed ND training (ND for NA)

8/30/2005

\sim	
n	
v	

- 3. Client -- "Stable & Predictable"
- Assessed by delegating nurse
- Client's clinical and behavioral status known
- Not requiring frequent evaluation
- Not requiring frequent nursing presence

8/30/2005

19

Nurse Delegation Program

WHAT

- · Previous task list
- Prohibited list
- · Nurse discretion

WAC 246.840.910

8/30/2005

20

Nurse Delegation Program

- 1. Previous Task List (no longer in law)
 - Administration of oral, topical, inhaled medications and drops
 - 2. Admin of enemas and suppositories
 - 3. In and out catheters
 - 4. Tube feedings
 - 5. Blood glucose monitoring
 - 6. Simple dressings
 - 7. Colostomy care

8/30/2005

2. Prohibited List—may never delegate

- · Injectable medications
- Sterile procedures
- · Maintenance of central IV lines
- Tasks requiring nursing judgment

RCW 18.79.260(3)(m)(iv)

8/30/2005

22

Nurse Delegation Program

3. Nurse Discretion

- Not prohibited
- Caregiver competent
- · Consult Decision Tree in WAC

WAC246.840.940

8/30/2005

23

Nurse Delegation Program

WHERE

- Adult Family Home
- Boarding Home (nurse not paid under ND contract)
- Certified program for individuals with developmental disabilities
- Private homes

HCS populations, COPES or MNIW
DDD populations, Basic Plus + Core
Waivers

<u>WHEN</u>

- 1. Client/auth representative consents
- 2. Caregiver has appropriate credentials
- 3. Documented referral from CM

Payment and Policy for ND Under SSPS

8/30/2005

25

Nurse Delegation Program

- 1. Client consents—RND responsibility to obtain
 - Client consents in writing
 - Authorized representative acceptable
 - Documented verbal consent OK
 - Written obtained in 30 days
 - Faxed signature OK
 - Initial delegation only, not for new task, NA or new RND

WAC 246.840.930(10)(b)

8/30/2005

26

Nurse Delegation Program

- 2. Caregiver has appropriate credentials
 - NA-R or NA-C
 - · Currently registered or certified
 - · In good standing without restriction
 - Check NA "standing" at:
 - https://fortress.wa.gov/doh/hpqa-1/Application/Credential Search/Profile.asp

- 2. Caregiver has appropriate credentials/training
 - If NA-R, has completed basic care giving course (usually Fundamentals of Care giving; can be DD Basic Training—32 hours)
 - Both NA-R and NA-C have completed "Nurse Delegation for Nursing Assistants" class

8/30/2005

Nurse Delegation Program

- 3. Documented referral from CM
- · Formal referral form OR
- Email or documented telephone request AND
- · Copy of Case Manager's Assessment
- · Release of Information form

8/30/2005

Nurse Delegation Program

HOW

Receive referral from CM

- · Evaluate NA credentials
- · Assess the client
- Teach the task

8/30/2005 30

HOW

Teach task to NA (details)

- 1. Specific task
- 2. Specific client
- 3. Specific caregiver

8/30/2005

31

Nurse Delegation Program

- 1. Specific task
 - · Mechanics may be the same
 - · Reasoning could be different
 - · Individualized for each client

8/30/2005

32

Nurse Delegation Program

- 2. Specific caregiver
 - Delegating nurse instructs/assesses each
 - · Evaluates competency
 - Supervises periodically

8/30/2005

- 3. Specific client
 - · Task may be the same
 - Nursing judgment is used (RND)
 - · Interpretation for each client

8/30/2005

34

Nurse Delegation Program

HOW (continued)

- · Written instructions w/client
- Evaluate NA performance
- Supervise NA/reevaluate client every 90 days
- Set up caregiver documentation system in private home

8/30/2005

35

Nurse Delegation Program

SUMMARY—Nurse Delegation Program

- RCW/WAC set basic expectations: who, what, where
- Process is specific to RND evaluation of both the client condition and caregiver competency

8/30/2005

WHEN DELEGATION MAY NOT BE NEEDED

- 1. Personal Care
- 2. Basic First Aid
- 3. Self Directed Care
- 4. Medication Assistance

8/30/2005

37

Nurse Delegation Program

1. Personal Care

Nursing Assistant Rules WAC 246-841-400(2)

8/30/2005

38

Nurse Delegation Program

2. Basic First Aid

Example

8/30/2005

3. Self Directed Care

- Only in private homes
- Only by an Individual Provider, not agency worker
- May provide anything an able-bodied person could do for themselves.
- Client trains and supervises caregiver and task

WAC 388-71-0580

8/30/2005

40

Medication Assistance

Medication Assistance

WAC 246-888

8/30/2005

41

Medication Assistance

Describes ways we can help an individual take their own medications

WAC 246-888-010

May be done by a nonpractitioner

WAC 246-888-020

 Client in community setting or their own home WAC 246-888-020

				•	
n /	しへへに	00t10	n A	0010	tanaa
11/	164 11	(''4111	11 I A		1211112
ıv	ıvuı	oan	<i>,</i>	0000	tance

 Assistance with administration of intravenous and injectable medications is specifically excluded*

*EXCEPT PREFILLED SYRINGES

(WAC 246-888-020)

8/30/2005

43

Medication Assistance

- · Individual retains the right to refuse
- Occurs "immediately prior to the ingestion or application of medication."

(WAC 246-888-020)

8/30/2005

44

Medication Assistance

Functional and cognitive bottom line must be met. Client must be

- Able to get the medication where it needs to
 - "must be able to put the medication into his or her mouth or apply or instill."
- Aware that they are taking medication
 -does not necessarily need to state the name of the
 medication, intended effects, side effects, or other
 details...*

WAC 246-888-020

8/30/2005

Medication Assistance

Both functional and cognitive bottom lines must be met

- If individual is not able to physically ingest or apply OR
- If individual cannot indicate an awareness that he/she is taking a medication,

THEN the medication must be *administered* by a person legally authorized to do so.

WAC 246-888-020

8/30/2005

46

Medication Assistance

- EXCEPTION in boarding home setting

If client cannot put medication in own mouth, or apply or instill,

May "accurately direct others" to do so, under Medication Assistance WAC

WAC 246-316-300

8/30/2005

47

Medication Assistance

Nonpractitioner may assist by

- Opening, pouring
- Reminding, coaching
- Crushing, dissolving
- Mix with food or liquids

WAC 246-888-060

8/30/2005

Medication Assistance

However, if medication altered (= cut, crushed, mixed or dissolved)

- Practitioner determines safety to do so
- Documented on container or client record

WAC 246.888.070

8/30/2005

49

Medication Assistance

- May use an enabler
- Ex: glass, cup, spoon, bowl, straw, cloth, adapted table surface
- o "Hand over hand" administration NOT allowed

WAC 246-888-050

8/30/2005

50

Medication Assistance

May we assist with meds through a G-tube?

o Same rules apply

Is oxygen covered under Med Asst?

 No, because pharmacy board does not consider oxygen to be a medication; nursing board says it requires prescription. Therefore it should be delegated unless client can manage it alone or unless it never changes.

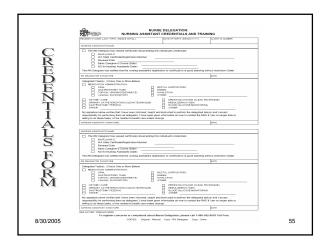
What about nebulizers?

o We have assisted with these in the past.

WAC 246.888.090, 100

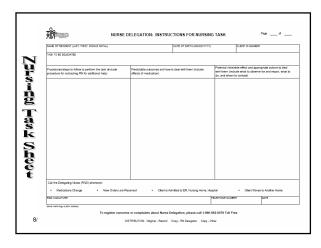
8/30/2005

	_
Medication Assistance	
Blue Board Exercise	
Select which category the task belongs in	
- Select which category the task belongs in	
8/30/2005 52	
Dragge for Nurse Delegation	
Process for Nurse Delegation	
A. Your (Contracted Nurse) Responsibilities	
B. Case/Resource Manager	
Responsibilities	
8/30/2005 53	
]
Process for Nurse Delegation	
A. Contracted Nurse Responsibilities Patient Care	
Obtain (& document) referral from	
C/RM Confirm caregiver qualifications (call	
first)	



A. Contracted Nurse Responsibilities

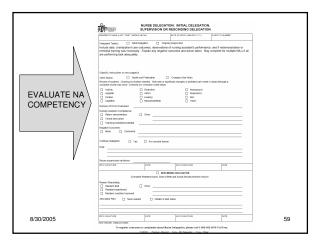
Patient Care (cont'd)
Assess client (your form)
Teach task to NA



Contracted Nurse Responsibilities (cont)

Evaluate NA performance/competency

8/30/2005



Process for Nurse Delegation

Contracted Nurse Responsibilities (cont)

- Maintain duplicate ND files (copy with client, copy with nurse)
- Set up client file in private home (already in place in AFH/BH)

8/30/2005 60

Process for Nurse Delegation Contracted Nurse Responsibilities (cont)

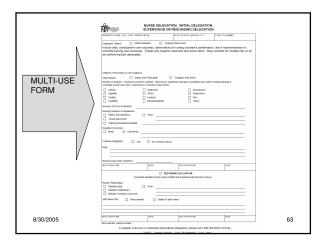
- Advise CM/agency of start of delegation & decide on a communication plan .
- The plan needs to be agreed upon, stating the frequency and method of communication .(document it)
- Notify CM/agency of NA competency
- Notify CM of client condition change

8/30/2005

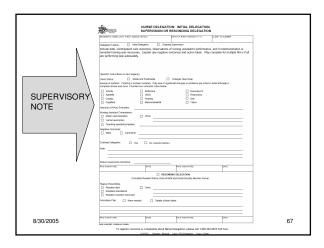
61

Process for Nurse Delegation Contracted Nurse Responsibilities (cont)

- In private homes, teach caregiver where and how to document task
- In private homes, the agency may request a copy of the supervisory note, if involved



Process for Nurse Delegation Expectations of Documentation For any use, clarify why client needs task delegated 8/30/2005 **Process for Nurse Delegation Expectations of Documentation** Document how meds were verified Document communication with other health professionals The nurse creates a place to document this...nurses notes? 8/30/2005 Process for Nurse Delegation **Expectations of Documentation** Document who was supervised and how Document how NA competency was verified



Process for Nurse Delegation Contracted Nurse Responsibilities (cont)

Advise CM/agency if delegation rescinded

8/30/2005

MURE DELEGATION. INTINA, DELEGATION.
SUPERVISION OF RESCRIPTON DELEGATION.

SUPERVISION OF RESCRIPTON.

SUPERVISIO

Contracted Nurse Responsibilities (cont)

 Business Processes and Billing Review Authorization/Award Letter (C/RM)

8/30/2005

UTHUKKATUN		901 1XX	AND OF REEL DA	VOICE OVER	7-31-6	5	CTAMP
SAMPLE AUTHORIZATION FORM/AWARD LETTER	110110	Al	 		ngos.		-
AUTHORIZATION: Official notice that you will be paid.	SETS WEEK PROCESS	7		ist from Linguision 8		9	
Page=number of page when there are multiple pages	5 000 00000 000 000 000 000 000 000 000	17/04/13 17/04/13	807.25 003-01-01-0101 003-0101	7.00	NET .		550 550
 Look for CM name and phone number—important! 	BAL THEN WANDER - MK	07/12/93 07/12/93 x 0)7002	Cib. Ab	7.65	HE.	35	\perp
Payee = RN delegator	10 DETENTATION	DO TEN	40 (-04-0503 	as Automat	+03		
5. Service Recipient=client name	SOCIOCON SECUCION SEC		MC0604CX		5		
 Service Name = Nurse Delegation 	TEXANDERSON AND TRANSPORTED TO THE TEXANDERSON AND THE TEXANDERSON	ANTONIA MANONIA ANTONIA MANONIA ANTONIA MANONIA	ATTACAS CONTRACTORS ALTERNATIONS ALTERNATION	NAMES	MOON	207	02200
 Service Period= beginning and end date 	AND THE PROPERTY OF	**************************************	THE THUTTE	AXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX	NEXT CO	CENCO GENERAL GENERAL	COOMES COOMES
Authorized Rate: \$8.16 per unit	continue materiales y constituentes handeted est continue de conti	The Residence of		_ 84		5	2
BESHEE TO CONTACT CM	-						

Process for Nurse Delegation

Contracted Nurse Responsibilities (cont)

 Business Processes and Billing Check monthly invoice (all clients)

SAMPLE INVOICE FORM	1
INVOICE: Regular/Supplemental	Straight str
Page=number of page when there are multiple pages	7 8 Units 9 5 Set
Check for month	100 100 1 100
4. Payee = RN delegator	MPC THORY PROVIDED - HE RECOVER SELECTIONS HE
5. Service Recipient=client name	\$\text{\$\text{\$\sigma}\$} \text{\$\text{\$\sigma}\$} \text{\$\text{\$\text{\$\sigma}\$} \$\text{\$\exititt{\$\text{\$\te
 Service Name = Nurse Delegation 	NOTE 1-2017 (TOTAL) OF (1 [0] 1700 (14)) ACCOUNTS OF THE PROPERTY OF THE PROPE
7. Service Period=time of service	11 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
8. Authorized Rate: \$8.16	
Service Unit:(20 HCS/40DDD) input 0 if not seen during that time period	The state of the s
8/30/2005	

Contracted Nurse Responsibilities (cont)

Business Processes and Billing Review Remittance Advice Track # units billed per calendar year*

> * You must track continuously and request additional units, if

needed

8/30/2005

Process for Nurse Delegation

Contracted Nurse Responsibilities (cont)

Business Processes and Billing Maintain duplicate ND files (copy with client, copy with nurse) Retain files and records for 6 years Set up processes that will help you verify time spent in travel, collateral contacts,

What You Can Expect of the Case/Resource Manager

- Assess client's need for nurse delegation
- · Refer a client to a ND under contract with ADSA
- Send the nurse a copy of client's current assessment and a Release of Information
- Document a communication plan with the nurse delegator. The plan needs to be agreed upon, stating the frequency and method of communication.

8/30/2005 76

Process for Nurse Delegation

What You Can Expect of the Case/Resource Manager

- · Authorize payment for the nurse under SSPS
- Advise the nurse delegator when client eligibility or condition changes.
- *In private home settings, C/RM must assure that caregiver has appropriate credentials for delegation (Nursing Assistant registration and appropriate course completed)

8/30/2005

77

Nurse Delegation Program

 Presentation by DDD Regional Resource Manager

8/30/2005 78

Nurse	Del	egation	Proo	ıram
110100		Caation	1 100	nan

DDD Regional Resource Managers

 Region 1--Rhonda Ash
 509-329-2940

 Region 2--Kelly Hampton
 509-374-2132

 Region 3--Lynn Cimler
 425-339-4855

Danny Johnson 425-339-4842

Region 4--Helen Odom 206-568-5683

Region 5--Denise Pech 253-593-5065

Region 6--Amy Price 360-570-3181

8/30/2005 79

Nurse Delegation Program

• For a contract to teach the ND class to DDD caregivers, contact:

Christy Hoosier, hoosicr@dshs.wa.gov 360/725-3209

8/30/2005

Nurse Delegation Program

- The Nurse Delegation Forms (review)
 Names and numbers of each
- Sample Chart (Handout)
 Completed on the new forms

- · Small group assignments
- · Scenarios

8/30/2005

82

Nurse Delegation Program

WHO NEEDS A ND CONTRACT?

Nurses who are paid by DSHS for delegating to

- · Clients in AFH
- Clients in DD programs
- Clients in private homes on COPES or appropriate waiver program

8/30/2005

83

Nurse Delegation Program

- The Contract
 What services can I choose to provide?
- Nurse Delegation, HCS clients
- Nurse Delegation, DD clients
- Contract Nurse Consultation— HCS only with additional training
- Direct Nursing Services—DD only

8/30/2005

The Contract

What are the requirements?

- · Required orientation
- · Experienced RN
- · Professional liability insurance
- · Criminal background check
- · Business license
- Nursing license in good standing without restrictions

8/30/200

85

Nurse Delegation Program

The Contract

How am I paid?

- · Authorized by Case/Resource Manager
- · Receive monthly invoices to validate
- Payment in 15-minute increments (units)
- · State sets rates annually
- Current (2005) = \$8.16/unit, \$32.64/hour

8/30/2005

86

Nurse Delegation Program

The Contract

What activities may I bill? **

- · Initial delegation assessment
- Supervisory visits/re-evaluating client
- Collateral contacts (with family, physician, pharmacist)
- · Time spent in travel

8/30/2005

n	•
•	
_	

The Contract

- ** Be sure to set up business processes that break out your visits by
- Assessment
- Supervision
- · Collateral contacts
- · Travel time

8/30/2005

88

Nurse Delegation Program

The Contract

What is the payment policy for HCS clients?

20 units/month <u>maximum</u> may be authorized Only 52 units/client/year may be paid 52 units = 13 hours/client/calendar year One unit = 15 minutes; 4 units = 1 hour

Complete additional units form when needed

8/30/2005

89

Nurse Delegation Program

The Contract

What is the payment policy for DDD clients?

40 units/month may be authorized No maximum/year for DD clients 52 units = 13 hours/client/calendar year One unit = 15 minutes; 4 units = 1 hour

For questions, contact DDD case/resource manager

8/30/2005

The Contract How do I get started?

- · Attend orientation
- · Obtain a contract packet
- Return completed packet with all required documentation

8/30/2005

91

Nurse Delegation Program

The Contract

How do I get started (cont'd)?

- Sign and return promptly when contract sent to you
- Contact case managers in your area to let them know about your new contract

8/30/2005

92

Nurse Delegation Program

The Contract—
What do we expect from you?

- Evaluate client within 3 working days
- Document when and how referral received
- Monitor number of hours spent/client
- Bill only for actual time spent
- Consult program managers w/questions

8/30/2005

The Contract

What do we expect from you (cont'd)?

- Maintain nursing license in good standing
- Maintain minimum amounts professional liability insurance
- Report immediately instances of suspected or actual abuse per RCW 74.34.020

8/30/2005

94

Nurse Delegation Program

The Contract

What are the differences between HCS /DD?

*RCW, WAC are the same

- ND just starting for DD clients in private homes
- DDD may authorize 40 units/month
- HCS may authorize 20 units/month
- HCS has maximum units/year/client. You must track and request additional, if needed.

8/30/2005

95

Nurse Delegation Program

Training Contracts

What are the differences between HCS/DD re: teaching the ND class?

- If nurses want to teach Nurse Delegation class,
- Need separate training "contracts"—one for DD; one for HCS
- DD pays trainer directly; for HCS caregivers, nurse receives tuition from attendees.

8/30/2005

Training Contracts

What are the differences between HCS/DD re: teaching the ND class?

- To teach HCS caregivers ("aging" clients), contact Barbara Okeson, 360/725-2546
- To teach caregivers of DD clients, contact Christy Hoosier, 360/725-3209 OR Saif Hakim, 360/725-3409

8/30/2005

Nurse Delegation

- Summary
- · Program Evaluation

8/30/2005

98

Nurse Delegation Program Managers

- Doris Barret, RN 360/725-2553 <u>barreda@dshs.wa.gov</u>
- Anne Vander Beek, RN 360/725-7558 vandea@dshs.wa.gov
- Kay Kramer Sievers, RN 360/651-6828 <u>kramek@dshs.wa.gov</u>

33